



Speak Up Be Heard

Date : Wednesday 5th April 2023

Venue : Royden Park

1) Introductions and Apologies

█████ welcomed everyone and apologies were noted.

There is no Zoom link for today's meeting because the WiFi signal here is not strong enough.

(Cambridge Road Centre arrived at 10:35)

2) Minutes from the last meeting and matters arising

Everyone said they had seen the minutes this time and there are 2 changes that need to be made:

- █████ said they completed shadowing not training to be Eyecare Aware Champions - training was completed some time ago.
- █████ said that a reference to 'people who use the services' should be changed to 'people we support'.

With these changes made, all agreed they were right.

3) Locations for meetings and looking if we can hold meetings outside like at Highcroft and Pensby Wood

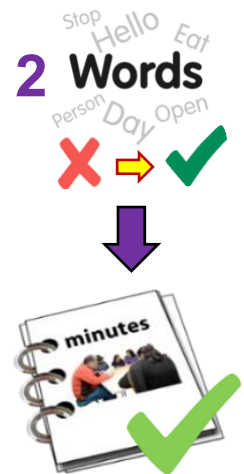
Highcroft has hosted meetings before and has indoor and outdoor space so we can go inside if the weather turns bad.

Pensby held meetings a few years ago when the group was much smaller. Now there are too many people to go inside and there is no shelter for us outside.

█████ said shelter is important - whether it's too hot and bright so people are uncomfortable or get sunburnt, or it rains and everyone gets soaked.

█████ felt we should aim for a variety of places to go to. We haven't been to all the centres yet which is not fair.

█████ suggested Dale Farm if we started at 10:00 instead of 10:30. We could use their café if we were out before dinner time.



████ said she wasn't sure about a Zoom link at Dale Farm either. The office has the best signal but even that has problems. That's why she freezes and drops out sometimes when she joins online.

████ said people already have trouble getting to the meeting on time at 10:30 - 30 minutes earlier may not be possible.

Other venues were discussed including other day centres and community buildings - community hubs or conference centres rather than day centres.

████ explained we are looking for the cheapest option - there is no funding for these meetings so we can't pay to hire somewhere.

████ suggested we use the same venue every month then everyone knows where they should be, but day centres are limited by numbers and availability.

████ felt there should be a choice of 2 venues.

Also █████ currently represents Eastham on his own and the Chairs are not meant to share their opinions.

████ will look in to the local fire station community hubs and check if they are fully accessible.

4) Feedback from services including anything important that people need to know about

████ said the sensory garden at Dale Farm has really improved and the fountain is almost working.

They are having another plant sale in May - date to be confirmed.

████ said that Royden Park are developing the area where the tractor used to be.

They are recycling pallets, making raised plant beds and have put trellis up where the tree fell in the storm and made hole in the walled garden.



They have also started a Football activity on Wednesdays (1-2pm) with Activities for All near Arrowe Park but it is not every week.

They have to pay £32.50 for the pitch, so it depends on how many people we support want to go, as well as staff being available to cover on the day.

Other centres can get involved too, not just Royden Park. It is more about getting fit than professional football, although they have just bought bibs for their players!

██████ said she takes part and agreed it involves a lot of running (after the ball) and is good exercise.

██████ said after the last meeting she spoke to ██████ about discussing Sports Day at the Managers Meetings.

It won't happen overnight, but people should ask their centre managers what was discussed so they know what activities to start training for ready for the Summer.

██████ thanked Dale Farm and Royden Park for their feedback. She reminded everyone to ask before these meetings what is going on at their centres so they can update us all.

██████ added that she is less involved with day centres now and spending more time on Shared Lives.

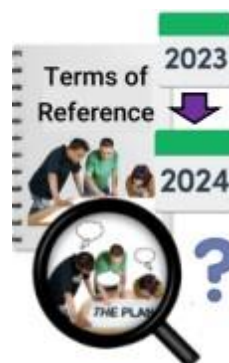
5) Development Day for Speak Up Be Heard

This is a day to review the Terms of Reference for the group and look at what they want to make happen in the next 12 months, and time to review the group's Chair and Co-chair.

██████ explained this used to happen every year before COVID.

██████ said it is a good time for people we support to say what they want self-advocacy to look like at Wirral Evolutions and put forward items for the agenda.

He asked if everyone knows what self-advocacy is? All said yes - speaking up for yourself.



* Lorraine *

█████ said we have great people in the group but we do need to speak up.

It would be good for more people to have confidence to come to her and █████, not just 1 or 2.

█████ asked if there was any sign of their training certificates yet? Together All Are Able are in Accrington tomorrow so will speak to Pathways about them.

If we can get them for the Development Day and maybe ask █████ from Pathways to give out. The group agreed they would like that.

█████ said she sent out a copy of the Terms of Reference in January for everyone to look at and make comments, but no-one has come back with anything.

This is very important - even more important now that Wirral Evolutions is part of the Council again.

█████ will send out the Terms of Reference again (via Centre Managers) for people to discuss in weekly meetings.

She will ask about possible dates for the Development Day in the same email.

6) Transport

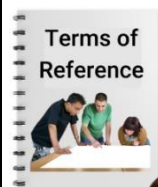
█████ said the biggest problems, including buses arriving too early, are now being looked at by the Day Services Coproduction Group.

It was noted that people we support should be included when Transport contracts are discussed.

█████ said she felt better about the next Coproduction meeting - she knows what to do now and can take a break if needed.

█████ said that the same goes for this meeting - anyone can take break if they need to.

█████ asked if there was any update on a minibus with tail-lift for Cambridge Road. █████ said internal transport still needs looking at.



6) Anything else

████████ said he has noticed something today. These meetings are about giving people a voice, but there are a lot of people in the room who are not saying anything.

████████ said that the Terms of Reference review will address that.

Local Elections May 4th

The group was asked if everyone knows what an election is. All said yes - it means voting for Councillors, like Councillor Nolan who chairs the Day Services Coproduction Group.

████████ said that ██████████, who works on Wirral Evolutions' Communications and Marketing, is producing an easyread guide to voting and will make it available for everyone.

████████ reminded the group we need to take photo identification this time - a disability bus pass will count.

████████ advised we can also vote by post.

████████ encouraged everyone to vote adding this will be the last chance to vote locally for the next 4 years.

7) Date of next meeting

Wednesday 3rd May 2023 at 10.30am Venue
: To be confirmed.

(████████ will try and get a day centre again for next month. ██████████ said she might ask Heswall Hall for the future as she knows the owners).

