





Speak Up Be Heard

Date: Wednesday 8th March 2023

Venue: The Grange

1) Introductions and Apologies

welcomed everyone and apologies were noted.

There was a lot of disruption at the beginning with centres messaging for the Zoom link after the meeting had started.

This will be added to calendar appointments for all centres in future.

2) Minutes from the last meeting and matters arising

People attending on Zoom did not have printed copies of the minutes so they were quickly checked through on screen share.

It was previously agreed not to use shortened words, but the last minutes were finished by someone else while was on leave.

The self-advocates conference in Blackpool last week went very well. It may be held over 2 or 3 days next year instead of just 1.

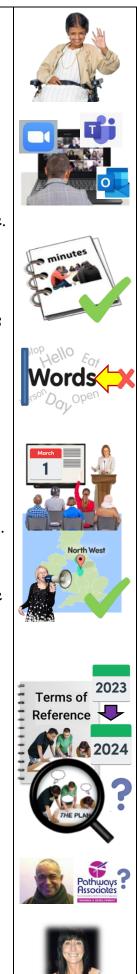
asked what the conference was about as she was not at the last meeting. said it was about what Advocacy really means and how self-advocacy in the North West is going to become a lot bigger and louder.

(arrived at 11:00 because someone told them the meeting was at Highcroft so they went there first).

3) Development day for Speak Up Be Heard

This is a day to review the Terms of Reference for the group and look at what they want to make happen in the next 12 months.

noted that from Pathways was asking about future ideas at the last meeting, and so was Jean Stephens at a workshop at the Floral Pavilion last week - will they be invited?



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It was explained that was invited to find out what people want as part of a piece of work that Pathways are doing for the Council.	
Jean, who used to be Managing Director of Wirral Evolutions, is now an Assistant Director of the Council, but is welcome to join any time.	

advised it is also a time to review the group's Chair and Cochair.

It is hoped that one day the people we support can run this meeting themselves, with TAAA still there for support.

She asked if people felt they would be ready to take a more active part to do that.

said he was happy to give it a go and more people agreed.

This can be discussed more on the day.

4) Feedback from services including the Day Services Coproduction Group

started by saying the last Coproduction Group meeting was not good.

When they were talking about Transport, there was shouting and people all talking at once - she had to leave the meeting 2 times for a few minutes of quiet.

Maybe someone from the Coproduction Group could be invited to a Speak Up Be Heard meeting to see what it's like?

said that everyone in the group should be aware that some people have certain needs and should be more sensitive. They may need a reminder at the start of the next meeting to use the 'traffic light' cards and keep noise levels down.

(Heswall left meeting at 11:25 for an early lunch before community trip).

said she was disappointed with people leaving meetings early - meetings are face-to-face now and we are supposed to be a team.

Before COVID there was a calendar saying where meetings are going to be every month with no Zoom - can we have this again?

agreed meetings are face-to-face now but the group has grown a lot since then. We need to limit numbers to 2 people per

















centre, and they need to be people who will feedback information to	
and from their centres.	

added that all the centres were asked if they could host Speak Up Be Heard this month, but no one could. That is why we are at The Grange today. said as the weather is warming up she will try Royden Park for April. asked (as the person most dependent on transport) if she would prefer to attend meetings face-to-face or on Zoom. She said very definitely face-to-face. 5) Sports Day said that when he attended Heswall day services, Sports Day was held at The Oval Leisure Centre in Bebington. West Kirby Concourse was another suggestion if people wanted swimming, and Birkenhead Park as they have adapted bikes and it is fully accessible. All agreed that the activities would decide the venue and that no one fancied swimming in Birkenhead Park Lake! said the management team had started discussing options for sports day so she will ask to bring it up again at the Managers Meetings for the Summer. 6) Anything else completed shadowing yesterday to be Eyecare Aware Champions. This means they can teach people how to look after their eyes and eyesight. Everyone agreed they would be interested in this. if Pensby centre hydrotherapy pool is fixed yet. It is, but staff still need to complete training before it can be used.

7) Date of next meeting

Wednesday 5th April 2023 at 10.30am

Venue : Royden Park - to be confirmed.	