



Speak Up Be Heard

Date : Wednesday 1st February 2023

Venue : Eastham Centre

1) Introductions and Apologies

■ welcomed everyone and apologies were noted.

2) Minutes from the last meeting and matters arising

Not everyone had seen a copy of the minutes so they were quickly checked through on screen share.

All agreed they were right - proposed by ■ and seconded by ■. There were no matters arising or updates discussed.

3) What do we want day services to look like in the future

Dene introduced himself as a Director of Pathways Associates and part of Northwest Training and Development Team.

He works across the Northwest from Carlisle to Crewe - people with LD, autism, etc.

All Local Authorities and Health Authorities pay Pathways to listen to people and find out what they want. We told them to ask the people we support what they want us to do in future.

He'd already been to the Day Services Coproduction Group in November where he'd asked people this too, as well as TAAA and Graham Hodgkinson. Now he wants to know what our group wants.

- There's Pathways Certificates that have needed to be finished for a while - ■ asked to be sent to The Grange - ■ apologized on behalf of ■ as they work with ■ - they will chase that up.
- If people could look into the future - say 5 years / 2028 - how would they like things at our services to look?
- People said they'd like to be safe and secure in case anything happened to their family
- ■ says that he'd like to be able to do the strimming at Royden Park without needing supervision.
- ■ asked people to clarify; do they want to learn more skills? To start working as a gardener? Start working for companies/at people's houses and get paid for it?



- He explains that sometimes if people paid it interferes with benefits, but [REDACTED] works out another way they can be paid- people start talking about what else they can have.



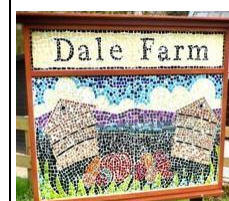
- ■ said that TAAA do work for Pathways and get paid for by Pathways, some can do so much work they are paid enough to come off benefits completely.
- ■ says it depends if people are strong enough, plus not everyone who can wants to have to do this much work.
- ■ likes sports & goes to wheelchair football.
- ■ agrees that getting out and about is important, and so is transport for moving everyone around.
- ■ says he would like own a house in 5 years. ■ talks about what would help make that happen, and if independent living skills can come from Best Bites placement? Decides yes.
- Everyone agrees again that they'd like people to listen more to what we say. They like this group because it's always pushing more self-advocacy and there's a lot of people here.
- ■ says they'd like to go to more leisure facilities like Leasowe sports centre, but they'd need transport to get there
- ■ likes listening to music, maybe they could go to gigs?
- ■ says that gigs usually means late nights, they'd have to have transport be available 24 hours.
- ■ says they just want more activities to do, at centres and outside.
- ■ would like to be able to do office work.
- People say that having movie nights or curry nights would be good, and generally would like to do more at night/in the evenings.
- People would like to be able to visit other centres to see their friends more. Some lost friends when confined to single centres during the pandemic.
- It's agreed that friendship groups are important. People suggest going to meet and match activities, an idea some are familiar with, maybe meet in pubs and clubs.
- ■ suggests going to the beach and then the disco on Mondays.

■ asks if people would like to lead or co-lead on an activity? For example, ■ plays guitar, he could help teach other people. Some people like the sound of the people we support trying leadership/training roles.

4) What is happening in each day service

■ said she has been getting involved in deliveries at Dale Farm.

■ said he has been bow-sawing at Royden Park.



People reckon we need to get better at bringing feedback via IT.

■ said she just really enjoys being part of the group.

■ thinks more self-advocacy work is needed since there's lots of people here from Heswall, but only 1 from Eastham and none from Highcroft.

5) Anything else

■ says there's a self-advocates conference in Blackpool on the 1st March going all day from 10am to 4pm so we need to move next SUBH meeting to the 8th - confirmed already moved.

There's 1 place left out of 6 for Wirral if anyone would like to join, just let TAAA know.

■ wants to know how strong self-advocacy is in the North West. ■ says that there's 3 monthly meetings about it. At the last National forum ■ did the questions for the north west region, he'd like to do that again now.

First he'd like to fix the zoom date to meet with/involve this group, though he has to include people who control the money. ■ suggested he email ■

7) Date and place of next meeting

Wednesday 8th March 2023 at 10.30am.
Venue to be confirmed.

