









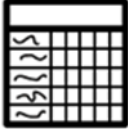












MAIN HALL ACTIVITY PLANNER: MAR-APR 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	<p>EXERCISES</p>  <p>INDOOR BOWLING</p> 	<p>EXERCISES</p>  <p>BOCCIA</p> 	<p>EXERCISES</p>  <p>BAKING & FOOD HYGIENE</p> 	<p>EXERCISES</p>  <p>HEALTH & WELLBEING</p> 	<p>EXERCISES</p>  <p>COOKERY & FOOD HYGIENE</p> 
PM	<p>BINGO £1</p>  <p>RELAXING MUSIC</p> 	<p>DANCING YOU TUBE</p>   <p>RELAXING MUSIC</p> 	<p>JIGSAW DANCE</p>  <p>RELAXING MUSIC</p> 	<p>ABC GAME/QUIZ</p>  <p>RELAXING MUSIC</p> 	<p>IPADS/ PAMPER</p>   <p>QUIZ</p> 