

# People We Support

I enjoyed my birthday here  
I'm more confident to speak  
up

Getting to know people  
Improving my confidence  
Learning new skills

I have enjoyed the last 12 months at  
Bluebells

Passing my level 2  
NPTC in petrol  
strimming

Painting on my own and  
using different skills like  
my brothers do at work

Getting out and  
feeling self  
worth

Learning to make  
sandwiches  
makes me more  
independent

I like to meet my friends  
in a safe environment  
and be happy so we can  
talk

My walking and exercise

Football improves my  
fitness and team  
building