Paul 'Wobbly' McCartan has been a volunteer at Eastham Centre for approximately 12 years. He first came to us as part of Eastham's Taiko Dragons Drumming where he showed a keen interest in volunteering.

Paul had a horticultural/garden landscaping background and has brought these skills to the people we support 4 to 5 days a week, even through he has suffered periods of ill health himself. He has been invaluable, transforming the gardens and sharing his horticultural knowledge with the people we support – this has enabled the people we support to learn new life skills and how to grow and nurture plants and shrubs.

The team at Eastham describe him as happy go lucky and always fun to be around. He has formed many friendships at the centre, and has a fantastic relationship with the people we support.

Paul loves his role as a volunteer, he enjoys sharing his skills and experiences to make a difference to people with learning disabilities. Paul has positively embraced the opportunity to enrol on training and education courses provided.

## The Team at Eastham Say:

"Paul is a sociable character who takes part in activities, and even joins in with bingo on Mondays despite his reputation for being terrible at it! He always ensures everyone is having fun and enjoying the activities. He is a valuable asset to the team"