

JC – Enabling Choice

The Challenge

Why was the support needed? - Brief Outline

- ✓ JC found lockdowns during the COVID-19 pandemic very challenging
- ✓ JC had moved in with her sister and family following a bereavement

Our Role

What actions did we take? – Brief bullet points

- ✓ Staff worked with JC to find a bubble and environment that would be best suited to her
- ✓ Staff set up tailor made activities to suit JC's needs and interests
- ✓ JC was provided with a tablet to enable her to access the internet to help with her feelings of isolation
- ✓ JC was supported to attend local shops and buy her lunch as she did before COVID-19
- ✓ JC was supported to request more days at her centre as it was felt this would decrease her levels of anxiety

The Difference We Made

Outcomes achieved for people we support – Brief bullet points

- ✓ The routine and structure provided by the centre has helped to reduce JC's anxiety
- ✓ JC enjoyed the social interaction she experienced at the centre and requested to attend extra days

Quote

Quote from person supported, family or worker that sums up the experience

You are all great, you have helped me so much. Thanks