

## 'BL's story'

### The Challenge

#### *Why was the support needed? - Brief Outline*

- ✓ BL who has a Learning Disability and Autism, had not visited his GP since the age of four
- ✓ His Mum requested advice and support to help BL go through the process of getting the COVID-19 vaccine

### Our Role

#### *What actions did we take? – Brief bullet points*

- ✓ It was suggested that BL's mum contact her GP to discuss whether a best interest decision could be made, and whether a prescription would be appropriate to help BL relax when going for the vaccination
- ✓ Staff advised BL's mum that Desensitisation sessions may help ease his anxiety and remove his negative associations around medical places
- ✓ Referrals were made to the appropriate health teams and social workers
- ✓ BL was provided with Easy Read information and positive associations were worked on via Zoom
- ✓ BL and his mum were offered support during the hospital appointment

### The Difference We Made

#### *Outcomes achieved for people we support – Brief bullet points*

- ✓ As a result of the referrals made, BL was visited by a community nurse at the location he attends and at his home address, and a Social Worker liaised with him regarding annual health checks
- ✓ BL was able to talk about the vaccine with others and agreed to getting the vaccine
- ✓ B had his vaccine in March 2021 and was relaxed and happy prior, during and post vaccine

### Quote

#### *Quote from person supported, family or worker that sums up the experience*

BL's mum said that she could not believe that he had the vaccine and was pleased he was so relaxed. She thanked staff for their support.