

AP Case Study

The Challenge

Why was the support needed? - Brief Outline

- ✓ AP was greatly impacted by the COVID-19 restrictions and the changes such as having to stay at home made him feel very anxious
- ✓ AP was also dealing with anxiety around the vaccine as he has always had a strong phobia of needles

Our Role

What actions did we take? – Brief bullet points

- ✓ Staff made regular videocalls to AP to allow him to see a range of people whilst in lockdown
- ✓ As AP was distressed at home, his case was taken forward to a panel decision and he was offered one of the limited spaces available at day services within the COVID-19 restrictions
- ✓ Staff worked closely with AP's carers and a community nurse to help AP with his phobia of needles
- ✓ AP was offered a 3-day around how blood tests and injections are done to help him overcome his phobias

The Difference We Made

Outcomes achieved for people we support – Brief bullet points

- ✓ AP is happier at home now that he is able to spend time at day services
- ✓ AP has more of a routine which makes him feel more confident
- ✓ AP is extremely proud of himself after attending the course about injections and blood tests, and has gained a certificate from the course
- ✓ A.B.P is now booked in for a blood test and has agreed to get a COVID-19 vaccination

Quote

Quote from person supported, family or worker that sums up the experience

“I am so proud of myself, and my certificate. I did it right” – AP