

# Together All Are Able



## Who are we?

We are a self-advocacy organisation

Set up in December 2011 as a Community Interest Company and a Disabled People's-Led Organisation.

We are run by people with disabilities. For people with disabilities and their carers.

We came runners up in the Dimensions Autism and Learning Disability Leaders List in 2019.

We also work with a number of different organisations.

## What do we do?

Self-Advocacy and Peer Advocacy speaking up for yourself and others. We have members meetings normally on the 2<sup>nd</sup> Friday afternoon of each month please contact us about these.



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## Information Sessions and Training

Including doing workshops on Self advocacy, how to deal with Scams, Video Conferencing, Human Rights, how to stay safe on social media, Teleconferencing and Voting.



## Zumba Gold

Exercise dance to music for those with limited mobility.

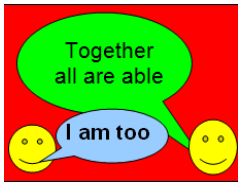


## Easy Read

Easy to understand sentences and pictures. We are Experts By Experience and can help to introduce new things like Think Local Act Personal Making it Real.

## Coffee Events

Meet new people and have a chat about anything.



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## Drop-ins

This is where we can help people with their issues. Also refer people if needed. Can do activities like Art.

This is at Millenium Centre in Leasowe CH46 1PQ contact us about these.

## How to join us

Contact us for a membership form. We can take referrals. Send the form back to us. We will contact you to find out how we can work with you. Membership is free. We help our members realize their dreams.

## Contact us at

**Together All Are Able  
(CIC 7869293)**

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# Together All Are Able

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