

Speak Up Be Heard Group 2022 Meeting Dates



1st Wednesday of EVERY month

Still currently on **zoom**

January 5	February 2	March 2	April 6
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May 4	June 1	July 6	August 3
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September 7	October 5	November 2	December 7
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**All meetings are
from 10.30am until 12pm**

